

VITAMIN BOOSTER

6.00

HIGH C ENERGY

Laranja, goiaba e morango
Orange, guava and strawberry

Energy ★★★
Immunity ★★★★★

Detox ★
Skin ★★★★★

PINEAPPLE DETOX

Ananás misturado com spirulina
Pineapple blended with spirulina

Energy ★★★★★
Immunity ★★★★★

Detox ★★★★★
Skin ★★

PAPAYA BOOST

Papaia, ananás, melancia e banana
Papaya, pineapple, watermelon and banana

Energy ★★★★★
Immunity ★★★★★

Detox ★★
Skin ★★★★★

HEALTHY SKIN

Melancia e framboesa
Watermelon and raspberry

Energy ★★★
Immunity ★★★★★

Detox ★
Skin ★★★★★

DETOX BOOSTER

6.00

MORNING SUNSHINE

Maçã, aipo, limão, pepino e espinafres
Apple, celery, lemon, cucumber and spinach

Energy ★★
Immunity ★★★★★

Detox ★★★★★
Skin ★★

QUICK, PICK ME UP

Cenoura, aipo, limão, salsa egengibre
Carrot, celery, lemon, parsley and ginger

Energy ★★★
Immunity ★★★★★

Detox ★★★★★
Skin ★★★★★

BEGINNER'S LUCK

Açelgas, ananás, coentros, lima
Chard, pineapple, coriander and lime

Energy ★★★★★
Immunity ★★★★★

Detox ★★★★★
Skin ★★

REFRESCANTES

6.00

REFRESHERS

GOLDEN REFRESHER

Laranja, maracujá e água com gás
Orange, passion fruit and sparkling water

LYCHEE REFRESHER

Líchias, sumo de citrinos e água com gás
Lychees orange, passion fruit and sparkling water

MANGO REFRESHER

Laranja, ananás, puré de manga e ginger ale
Orange, pineapple, mango pureé and ginger ale

BATIDO PROTEÍCO

6.00

PROTEIN SHAKE

BODY COMPLETE BANANA

Banana, leite de arroz e canela
Banana, rice milk and cinnamon

BODY BRILLIANCE

Morangos, leite de arroz e banana
Strawberrys, rice milk and banana

SUMMER COCKTAILS

10.00

CAIPIRINHA

Clássica ou maracujá
Classic or passionfruit

MOJITO

Clássico, maracujá ou morango
Classic, passionfruit or strawberry

FROZEN DAIQUIRI

Clássico, ananás ou manga
Classic, pineapple or mango

FROZEN MARGARITA

Clássica, ananás ou morango
Classic, pineapple or strawberry

APEROL SPRITZ

Aperol,espumante, soda e laranja
Aperol, sparkling wine, soda and orange

SUMOS NATURAIS

30cl

FRESH JUICES

Por favor pergunte ao bartender pela selecção

Please ask the bartender for the available selection

PUNCH & SANGRIA

SANGRIA 25.00

Brandy, Triple Sec, Licor Beirão, xarope de açúcar, sprite e o seu tipo de vinho favorito (tinto, branco, rosé)

Brandy, Triple Sec, Licor Beirão, sugar syrup, sprite and your favorite wine type (red, white, rosé)

PARTY PUNCH 25.00

Rum, Licor de Romã, sumo de arando, sumo de laranja, sumo de limão e Ginger Ale

Rum, Pomegranate Liqueur, cranberry juice, orange juice, lemon juice and Ginger Ale

RED BERRIES SANGRIA 45.00

Vodka Citron, Triple Sec, licor de morango, puré de frutos vermelhos, sprite e Laurent-Perrier Brut

Vodka Citron, Triple Sec, strawberry liqueur, red berries purée, sprite and Laurent-Perrier Brut

APERITIVOS E BITTERS 5cl

APERITIFS AND BITTERS

Aperol	7.00
Campari	7.00
Jägermeister	7.00
Pimms	7.00
Vermouth Yzaguirre	7.00
Ricard	7.00

GIN 5cl

Bombay Sapphire	9.00
Sharish	12.00
Hendricks	12.00
Big Boss	10.00
Botanic	17.00
Tanqueray Rangpur	11.00

RUM	5cl
Havana Club Añejo 3 Años	6.00
Captain Morgan Spiced Gold	6.00
Diplomatico Reserva Exclusiva 12	15.00

CACHAÇA	5cl
Sagatiba	6.00
Capucana	12.00

VODKA	5cl
Stolichnaya	6.00
Absolut Elyx	11.00
Belvedere	15.00

TEQUILLA	5cl
José Cuervo Silver	7.00
Patron Silver 100% Agave	16.00

AGUARDENTE BRANDY	5cl
Aguardente DOC Lourinhã XO	12.00
Medronho	10.00

WHISKY	5cl
Famous Grouse	6.00
Jura 10 Y.O.	10.00
Bushmills	7.00
Jack Daniel's Tennessee	9.00
Yamazaki 12 Y.O.	21.00

LICORES LIQUEURS

5cl

Amarguinha	5.00
Licor Beirão	7.00
Bailey's	8.00
Lemoncello	9.00
Malibu	7.00
Pama	17.00
Safari	7.00
Sambuca	9.00
Cointreau	10.00

CERVEJA E CIDRAS BEER AND CIDRA

PRESSÃO DRAFT

Imperial Small	35cl	3.00
Caneca Pint	45cl	5.00

GARRAFA BOTTLE

	33cl	
Corona		6.00
Super Bock 0 Alcohol		4.00
Super Bock		4.00
Maldita Bohemian Pilsner		6.00
Maldita English Barleywine		6.00
Maldita Robust Porter		6.00
Magners Irish Cider		5.00

REFRIGERANTES SOFT DRINKS

Coca-Cola	3.00
Coca-Cola Zero	3.00
Fanta Laranja Orange	3.00
Nestea Limão / Pêssego Lemon / Peach	3.00
Sprite	3.00
Schwepps Ginger Ale	4.00
Schwepps Tonica	3.00
Schwepps Premium Tonica	4.00
Red Bull	5.00

ÁGUAS WATERS

Vitalis 25 cl <i>Still</i>	2.00
Pedras Salgadas 25 cl <i>Sparkling</i>	2.00
Castelo 25 cl <i>Sparkling</i>	2.00
Vitalis 50cl <i>Still</i>	3.00
Vitalis 1 lt <i>Still</i>	4.00
Pedras Salgadas 1 lt <i>Sparkling</i>	4.00

BEBIDAS QUENTES HOT BEVERAGES

CAFÉ *Coffee*

Expresso <i>Espresso</i>	2.00
Cappuccino	4.00
Leite Achocolatado <i>Chocolate milk</i>	4.00
Frapuccino	5.00

CHÁ E INFUSÕES *Tea and Infusions*

Pergunte ao bartender pela selecção disponível
Please ask the bartender for the available selection